

# ► Monthly Newsletter

## Subsequent Pregnancy, Common In First Year After Loss Volume 2, Issue 5, September/October 1997

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*Praying today that  
in the silent moments  
you will find peace  
in knowing God's  
promises are true.*

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## ► Subsequent Pregnancy

### Common Within First Year After Loss

How many of us have been absolutely obsessed with becoming pregnant again after our loss? The day after Jonathan died my thoughts were consumed with the fact that I desperately wanted another baby. But I knew that with my present health condition an additional pregnancy was definitely out of the question. I certainly did not want to replace Jonathan; there was just an incredibile longing to hold my own new live newborn in my arms and if it couldn't be Jonathan, then I needed another one. Further, I think I had and probably still have the sensation that I need to prove not only to myself, but to others, that I can carry a baby to term and deliver a live, healthy child. Because of these feelings I am constantly reminding myself that I did indeed carry Byron to term and although he is thankfully a beautiful, healthy five year old, there is still an overpowering desire to do it again. My faith and hope remains strong that I will some day carry and hold another newborn baby of my own and give Byron a living baby brother or sister.

2 Samuel 12 tells the story of the psalmist David and the death of his son. David and Bathsheba had a little boy that he adored and when the child became ill "David pleaded with God for the child. he fasted and went into his house and spent the nights lying on the ground" (vs. 16). Seven days later the little boy died and David's servants were afraid to tell him because they thought he would do something drastic out of grief. But on the contrary the Bible tells us that David got off the floor, washed himself, went to the house of the Lord and worshipped, then went home and ate. The servants were confused and said, "Why are you acting this way? While the child was alive, you fasted and wept, but now that the child is dead, you get up and eat!" David answered, "While the child was still alive, I fasted and wept. I thought, "Who knows? The Lord may be gracious to me and let the child live.' But now that he is dead, why should I fast? Can I bring him back again? I will go to him, but he will not return to me"(vs. 18-23). The story goes on to tell that David and Bathsheba had a subsequent child, Solomon, who the Bible describes as greatly loved by the Lord and was the wisest man in the land. I have to wonder how long David and Bathsheba waited and if she was obsessed with another pregnancy like most of us modern-day women tend to be after loss? Did she have all the worries and fears during her subsequent pregnancy and throughout Solomon's childhood that we have today? And did she continue to mourn for her first son despite the fulfillment Solomon must have brought them? Perhaps some day in Heaven I'll have the opportunity to sit down with Bathsheba and ask her what it was like in ancient days to lose a child then go on to have a successful pregnancy.

In today's society it is quite common for women to become pregnant after a loss within a year of their previous pregnancy. However, the subsequent pregnancy is usually very different than the one which ended in a loss because our innocence and naivete are gone; we know what could happen. In this issue we will focus on the common anxieties and emotions that come with a subsequent pregnancy as well as some suggestions to help ease them. We also have included two articles from women who share some of their most intimate feelings during the subsequent pregnancies. As you read this issue I hope it will help those of you who are currently expecting a subsequent child realize you are not alone in your feelings and that your thoughts and attitudes are normal. And for those of you who are considering a subsequent child, my desire is that it will help you make decisions for your future that are right for you and your family. It is then my sincere prayer that the Lord will give all of us the desires of our hearts and fill the void that we have due to the loss of the babies for which we long.

Rebekah Mitchell

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## Subsequent Pregnancy After Loss

### Two Mother's Stories

- [Lori King's Story](#)
- [Stacey Lange's Story](#)

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### ● Lori King

In June of 1995, our beautiful daughter, Sarah, was stillborn three days before her due date. It was only about six months later that we discovered that I was pregnant again. We had wanted to become pregnant again, so we were excited. However, we knew that this would be a very long and emotional journey.

I was still grieving for Sarah, even though I had really concentrated on my grief for the previous six months. With my grief plus morning sickness many days I really did not want to get out of bed. But the smiling face of my then two year old son, Brooks, and the hope of this future child gave me the strength I needed.

I found myself living from month to month. The thought of the entire pregnancy was too much for me to handle at one time, so I only looked as far ahead as the next hurdle, or stepping stone.

The first month I was focused on having that first sonogram and worried that I would miscarry. After the sonogram I felt better for a short time, and then started thinking about hearing the heartbeat for the first time. Since I had discovered that Sarah was no longer alive while lying on the doctor's examination table as he desperately tried to find a heartbeat to no avail, I was extremely nervous about this moment. When the day finally arrived, I was horrified as the doctor had great difficulty locating the heartbeat. Eventually he found it, but only briefly. After many hours of agony, we went for a sonogram. The technician assured us that the baby was fine, it was just the position the baby was in, and the fact that it was fairly early in my pregnancy.

Then I looked forward to 18 weeks, when they would do another sonogram and we could find out the gender of our precious child. I was feeling the baby move and starting to really get (cautiously) excited. For a few brief moments we were filled with happiness as we saw this baby girl, only to once again become fearful as the technician got a concerned look on her face and said she would be right back. After another technician examined the baby we were told that she could possibly have an Aneurysm of the Vein of Galen. Wh would just have to wait and see.

We went through monthly and then weekly sonograms and each time the doctors became less concerned. As the pregnancy progressed, so did our confidence and excitement. We did our best to prepare ourselves and our son. We visited the hospital and did lots reading, talking, and praying.

In August of 1996, we were blessed with a wonderful, healthy baby girl. Kaylee Marie King was born on August 8, 1996 at 7 lbs. 2 oz. and 20 inches. The joy and hope she has already given us has long overshadowed the fearful months of pregnancy. I feel that each of my three children have helped me, changed me, and inspired me in many ways.

*Lori King  
Flower Mound, TX  
In Loving Memory of  
Sarah Ann King  
stillborn June 22, 1995*

[Return to the List of Two Mother's Stories](#) 

• Stacey Lange

My husband, Douglas, and I lost our first son, Griffen, to a cord accident on May 27, 1996. I was 39.5 weeks pregnant and it was to most devastating time in our lives. One of the first questions we asked our obstetrician after our son was silently born was, "How soon will it be before we can get pregnant again?"

Heeding my doctor's advice, we waited until I had two normal cycles (which took about three months) and jumped in with both feet. I started the all too familiar routine of taking my temperature and making sure we took advantage of the "peak times." After a few months of trying unsuccessfully, I decided to start working again and found that in my new job I would not be eligible for maternity leave until I had been employed for 12 months! Practicality took over and we decided we'd wait three months so that when, and if, I did get pregnant again I would be able to take adequate time off and get paid for it.

Two months after making the decision to wait we found out I was pregnant-I can't say we were careful, but we definitely weren't trying. We are now expecting our second son, Collin, on August 13. Of course, we are thrilled to be expecting another child, but we are also scared and there is not a day that goes by that I don't poke my abdomen until he awakens with kick or a punch-for me that is simply reassurance that he is still alive.

Having delivered a stillborn child previously, my OB views this pregnancy as high-risk and with that title comes all the special attention that I need. To date, I've had more sonograms than I can count and have been seeing my regular OB weekly since 28 weeks. Additionally, I meet with a perinatologist on a weekly basis for Level 2 sonograms and Biophysical Profiles (BPP).

I'm often asked if I feel like we waited long enough after losing Griffen before getting pregnant again. For my husband and me, I feel like the timing was perfect. Soon after our son died we experienced so many major changes in our lives; a move to a new city, a new job for my husband and of course, falling back into the routine of being a young, married, childless couple. Thankfully, I found strength in a local support group and became friends with several of the women who attended on a regular basis. Eventually, my heart began to heal, and although I still missed my son dearly I knew that I had to move on with my life. I think when we first made the decision to try and get pregnant I just wanted a baby so badly that I wasn't really concerned about wanting to be me again. Later when we decided to hold off for awhile I think I found peace with the fact that I could wait and that I felt confident some day I would hold a live, healthy baby of ours in my arms.

This May 27th marked the one year anniversary of Griffen's death and his birth. It also marked my 27th week of this pregnancy. I awoke that morning in tears and was consoled by my husband, but was also quickly reminded with a few tough kicks that we are expecting our second baby. I continually reminded myself that day that without losing Griffen I would not be expecting this precious child, but it didn't make the day any easier-I still cried continuously, and thought about what might have been had he not died.

As August 13th bears down on us, I am preparing for our son's arrival, but each day I find a reminder of my last baby and sometimes I smile and sometimes I cry. In fact, I just finished washing all the baby's clothes and linens, most of which were intended for Griffen. Subsequent pregnancies are a very mixed bag of emotions, most of which for me have been happy.

*Stacey Lange  
Rowlett, TX  
In Loving Memory of*

## **M.E.N.D. Starts a Subsequent Pregnancy Group**

At the very least, a subsequent pregnancy after loss will be very different from any previous pregnancy experience. Just the thought of becoming pregnant again after experiencing a loss is often a frightening experience not to mention the pregnancy itself. There are many emotional issues that may not be anticipated.

In an effort to help couples through this difficult time, M.E.N.D. has developed a subsequent pregnancy group. This group meets the fourth Tuesday of every month at the regular meeting place. If you are considering becoming pregnant again, are currently expecting, or have recently given birth, please join us to share thoughts, concerns, and experiences. Lori King, an experienced facilitator, will be leading the meetings. She is mom to Brooks, 4, Sarah, stillborn June 22, 1995, and Kaylee, 1.

## **Tips for Dealing With a Subsequent Pregnancy**

**by Lori King**

The following is a list of things that I did to help me through pregnancy and birth after experiencing a stillbirth. Some things may work for you, some may not. The bottom line is, so what feels right to YOU.

- Pamper yourself! Get a manicure, pedicure, massage, or whatever makes you feel special. You deserve it!
- Read as much information as possible.
- Ask your doctor if you can borrow a Doppler to listen to the baby's heartbeat at any time.
- Consider genetic testing.
- Biophysical profiles, non-stress tests, or any other tests.
- Faith, hope, prayer, and lots of support from friends and family.

## **Resource Reviews**

- [Still To Be Born \(Book\)](#)
- [SPALS \(Internet\)](#)
- [Bereaved Parents Share \(National Organization\)](#)
- [Thought You'd Be Here \(Music\)](#)

## ***Other Resources***

- [List of Pregnancy Loss/Grief Materials](#)
- [List of National Organizations](#)
- [List of Internet Resources](#)

**Note:** M.E.N.D. has no financial interest in any of these product reviews. The purpose in reviewing them here is to let others know what we have found to be helpful in our own situations so that you may find some comfort in these resources as well.

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### **Still To Be Born**

by Pat Schwiebert, R.N. and Paul Kirk, M.D.

*Still To Be Born* is a well written book for anyone planning for or dealing with a subsequent pregnancy after a loss. It includes sections on making decisions for the future, medical considerations, living through another pregnancy, and beyond birth. It is overflowing with tips and ideas for dealing with the many difficult and sensitive issues mothers are faced with during this experience. Still To Be Born can be ordered using the following address and/or telephone number:

Perinatal Loss  
2116 N.E. 18th Avenue  
Portland, OR 97212  
(503) 284-7426.

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### **SPALS**

SPALS is an active support network with members sharing mutual support and information regarding a subsequent pregnancy. Facing a subsequent pregnancy after a loss? There is helpful information as well as experiences from members of SPALS regarding coping with fears and circumstances of a subsequent pregnancy. You can find them via the Internet at:

[http://www.inforamp.net/~bfo/spals\\_info.html#subs](http://www.inforamp.net/~bfo/spals_info.html#subs)

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### **Bereaved Parents Share**

Bereaved Parents Share publications are a "support group" that arrives in the mail and can be turned to when time permits or in the dark hours when you need to know someone cares. It covers all types of child losses from toddlers through adult-age children.

Bereaved Parents Share II...is a pregnancy loss/infant loss issue published four times a year: Mother's Day, August, Holiday Season, and February.

For more information, contact:

Bereaved Parents Share  
Carol Ruth Blackman, Editor  
27936 S. Schiewe Drive  
Colton, OR 97017-9606  
(503)824-2447

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### **Thought You'd Be Here**

by Wes King. Sparrow Music and EMI Christian Music Publishing.

Wes King wrote this out of his and his wife's own deep pain of infertility, but we thought the words would also touch the hearts of parents who have lost a child. We are happy to announce that King and his wife are presently expecting their first child.

This song can be found on Wes King's  
A Room Full of Stories.

Words to this song are published [in this newsletter](#) with permission by Sparrow Music and EMI Christian Music Publishing.

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### **List of Pregnancy Loss/Grief Materials**

**Birth and Life**  
141 Commercial St. NE  
Salem, OR 97301  
503-371-4445

**Centering Corporation**  
1531 N. Saddle Creek Rd.  
Omaha, NE 68104  
402-553-1200

**Compassion Book Service**  
216 Via Monte  
Walnut Creek, CA 94598  
510-933-0830

**ICEA Bookmarks**  
P.O.Box 20048  
Minneapolis, MN 55420  
800-624-4934

**Perinatal Loss**  
2116 N.E. 18th Ave.

Portland, OR 97212  
503-284-7426

**Wintergreen Press**  
3630 Eileen St.  
Maple Plain, MN 55359  
612-476-1303

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### **List of National Organizations**

#### **A.M.E.N.D.**

(Aiding a Mother & father Experiencing Neonatal Death)  
4324 Berrywick Terrace  
St. Louis, MO 63128  
314-291-0892

#### **Bereaved Parents Share**

27936 D. Schiewe Drive  
Colton, OR 97017-9606  
503-824-2447

#### **CLIMB**

(Center for Loss In Multiple Birth)  
P.O. Box 1064  
Palmer, AK 99645  
907-746-6123

#### **Pen-Parents, Inc.**

P.O. Box 8738  
Reno, NV 89507-8738  
702-826-7332

#### **Precious Children remembered**

P.O.Box 534  
Huron, OH 44839

#### **Pregnancy/Infant Loss Center**

1415 East Wayzata Blvd, #30  
Wayzata, MN 55391  
612-473-9372

#### **Resolve Through Sharing**

LaCrosse-Lutheran Hospital  
1910 South Avenue  
LaCrosse, WI 54601  
608-785-0530

#### **SHARE**

St. Joseph Health Center  
300 First Capitol Dr.

St. Charles, MO 63301-2893  
314-947-6164

**SIDS Network**  
9 Gonch Farm Rd.  
Ledyard, CT 06339  
800-560-1454

**The Compassionate Friends**  
P.O. Box 3696  
Oak Brook, IL 60522  
708-990-0010

**Twinless Twins**  
11220 St. Joe Rd.  
Ft. Wayne, IN 46835-9737  
219-627-5414

**UNITE, Inc.**  
(Perinatal grief support)  
7600 Central Avenue  
Philadelphia, PA 19111-2499  
215-728-3777

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## **List of National Organizations**

### **Bereaved Families of Ontario**

- <http://www.inforamp.net/~bfo/>
- <http://www.cmhcsys.com/guide/grief.htm>

### **Bereavement Resources**

- <http://asa.ugl.lib.umich.edu/chdocs/support/bereave.html>
- <http://www.funeral.net/info/brvres.html>
- <http://www.grievewell.com>

### **Bereavement Support**

- <http://ube.ubalt.edu/www/bereavement/>

### **Children and Grief**

- <http://www.grannyg.bc.ca/ckidbook/grief.html>
- <http://www.cmhc.com/factsfam/grief.htm>
- [http://www.bcm.tmc.edu/civitas/families/death\\_pr.html](http://www.bcm.tmc.edu/civitas/families/death_pr.html)

## **Grief Counseling Center**

- <http://www.hsc.edu/admin/counsel/coping.html>

## **GriefNet**

- <http://rivendell.org/index.html>

## **H.A.N.D.**

- <http://members.aol.com/handinfo1/handhome.html>

## **Hygeia**

- <http://www.connix.com/~hygeia/>

## **I.A.N.D.S.**

- <http://www.iands.org/iands>

## **Infertility**

- <http://www.pinelandpress.com/toc.html>
- <http://www.finchkcms.edu/clinic/beerwww.html>
- <http://www.inciid.org/>

## **Invincible Summer**

- <http://home.earthlink.net/~jimncarol/ilm.htm>

## **Miscarriage**

- <http://scalos.mc.duke.edu/~brook006/miscarriage.html>

## **Parents Place (Pregnancy Loss BB)**

- <http://www.parentsplace.com:8000/dialog/get/pregloss.html>

## **Pen-Parents, Inc.**

- <http://pages.prodigy.com/NV/fgck08a/PenParents.html>

## **Pregnancy Complications Support**

- <http://www.mediconsult.com/noframes/pregnancy/support>

## **Pregnancy Loss Newsgroup**

- <http://web.co.nz/~katef/sspl/>

## **S.A.N.D.S.**

- <http://hedgehog.highway1.com.au/~lawtbm/sandshome.html>
- <http://www.vicnet.net.au/~sands/sands.htm>

### **Self Help Sourcebook**

- <http://www.cmhc.com/selfhelp>

### **SIDS Network**

- [http://sidsnet@sids-network.org](mailto:sidsnet@sids-network.org)
- [http://sidsnet@sids-network.org/pil.htm](mailto:sidsnet@sids-network.org/pil.htm)

### **SPALS(Subsequent Pregnancy After Loss)**

- [http://www.inforamp.net/~bfo/spals\\_info.html#subs](http://www.inforamp.net/~bfo/spals_info.html#subs)

### **Tender Hearts (Multiple Birth Loss)**

(The triplet Connection)

- <http://www.inreach.com/triplets>

### **The Compassionate Friends**

- [http://longhorn.jjt.com/~tcf\\_national](http://longhorn.jjt.com/~tcf_national)

### **Tom Golden's Crisis, Grief & Healing**

- <http://www.webhealing.com/>

### **UCC Death of a Child**

Christian training program

- <http://www.apk.net/ucc/caring/child.htm>

### **Webster Death/Dying Resources**

- <http://www.cyberspy.com/~webster/death.html>

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### **M.E.N.D. Holds First-Ever "Walk To Remember"**

Former President Ronald Reagan proclaimed October as Pregnancy and Infant Loss Awareness Month in 1988. Since that time, many perinatal loss groups across the country have taken the opportunity to remember and honor our special babies with ceremonies. The most common, perhaps, is a "walk to remember."

Plans are underway for our first annual "Walk To Remember" which will be held

on Saturday, October 11, 1997 at 2:00 p.m. The ceremony will be held at Andy Brown Park East in Coppell, Texas.

In preparation for the walk, a tree will be planted in memory of our babies. At the "walk," paper ornament with our babies' names on them will be available to hang on the tree during the ceremony and then can be taken home as a keepsake. The program will also include music, poems, and a balloon release. There will be an opportunity to enjoy a few refreshments and meet other parents afterward.

Please join us October 11 to remember our much-loved babies.

For additional information, questions, or directions, please [contact us](#).

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## **Thought You'd Be Here**

### **Words and Music by Wes King**

We thought you'd be here by now,  
your mother and I.

We're praying through our tears  
that somehow

We might hear your sweet cry  
Have we waited too long?  
It's getting harder to be strong.  
Is there something we've done wrong?

But if you like dancing,  
I'll make it rain rhythm and rhyme  
and melodies, child.  
And if you like dreaming,  
Your mother will make your imagination run wild.  
Somehow, we thought you'd be here by now.

We have a room just for you upstairs.  
It's right down the hall.  
So, we'll be close should you ever get scared.

We'll come when you call.

It's a room full of stories  
Waiting to be told  
Longing to behold.

And if you like laughing,  
I'll plant you a circus of smiles  
and ferris wheels, dear  
And if you like living,  
Your mother will fly you to worlds  
both far and near.  
Somehow...

I never knew silence could make so deaf.  
I never knew that I could miss someone I've never met.  
Miss someone I haven't met yet.

We'll be waiting.

*Words printed with permission by  
Sparrow Music and EMI Christian Music Publishing.*

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## **The Lullaby Cherub**

The Lullaby Cherub is a personalized book with a song specially written for your lullaby cherub as well as some other pretty lullabies. It is a sweet story about how our children are specially chosen and prepared for their time to come to earth and is appropriate for either a living baby or in memory of a deceased baby/child.

Over 100 different names are available for the personalized books/tapes. "Fill-in-the-blank" versions of the book along with non-personalized Lullabies are available if your child's name isn't among the list or if he/she has a different spelling of his/her name than the ones listed. A calligrapher writes your baby's name in the appropriate place(s) in the book.

Cherub Productions, Inc. is offering the Lullaby Cherub, packaged in a gift box with pretty ribbon, to M.E.N.D. parents for \$30 with \$5 being donated to M.E.N.D. for each one sold. In stores, they sell for \$40. To order a Lullaby Cherub, make your check out to Cherub Productions, Inc. and mail it to Cherub Productions, Inc. at 6556 Dartbrook, Dallas, Texas 75240 along with your name, address, phone number and gender of your lullaby cherub. Please be sure to specify that this is a M.E.N.D. order.

The following is a list of the over 100 names available:

Boys			Girls		
Adam	Edward	Michael	Alexandra	Grace	Lynn
Alan	Eric	Mitchell	Allison	Haley	Madeline
Alec	Evan	Nathan	Alyssa	Hannah	Madison
Alexander	Gregory	Nathaniel	Amanda	Heather	Margaret
Andrew	Hunter	Nicholas	Amber	Helen	Marie
Anthony	Jack	Patrick	Amy	Hillary	Mary
Austin	Jacob	Phillip	Ann	Holly	Megan
Benjamin	James	Richard	Anna	Jaclyn	Melissa
Blake	Jared	Robert	Ashley	Jamie	Michelle
Brandon	Jeffrey	Samuel	Brooke	Jessica	Morgan
Brett	Jeremy	Scott	Carly	Jordan	Nicole
Brian	Jonathan	Sean	Caroline	Katherine	Paige
Casey	John	Spencer	Casey	Katelyn	Rachel
Charles	Jordan	Steve	Chelsea	Katie	Rebecca

Christian	Joseph	Stuart	Christina	Kayla	Renee
Christopher	Joshua	Taylor	Courtney	Kelly	Samantha
Clayton	Justin	Thomas	Danielle	Kelsey	Sarah
Cody	Kevin	Timothy	Elizabeth	Kristen	Shelby
Connor	Kyle	Travis	Ellen	Kylie	Stephanie
Craig	Lee	Tyler	Emily	Laura	Taylor
Daniel	Mark	William	Erica	Lauren	Victoria
David	Matthew	Zachary	Erin	Leigh	Whitney

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## October Ceremonies

Several special ceremonies will be held during the month of October in honor of our precious babies. Listed below are some that will take place in the Dallas/Ft. Worth area.

### Saturday, October 4, 1997 at 2:00pm

#### ***Walk To Remember***

Harris Methodist HEB

For information, call (817) 685-4905

Please meet in the south corner of the hospital parking lot.

### Saturday, October 11, 1997 at 2:00pm

#### ***M.E.N.D. Walk To Remember***

Andy Brown Park East, Coppell

For information, call (972) 459-2396

### Saturday, October 12, 1997 at 2:00pm

#### ***"Our Precious Angels Walk"***

Columbia Medical Center in Plano

For information, call (972) 424-0506

### Wednesday, October 15, 1997 at 12:30pm

#### ***Memorial Service***

Parkland Hospital Auditorium in Dallas

For information, call (214) 590-8419

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## Subsequent Births After Loss

Congratulations And Best Wishes!

*Stacey and Doug Lange of Rockwall, TX* announce the birth of their son, Collin Addison, born August 13, 1997 at 8:28pm while remembering their son, Griffen

Douglas, stillborn May 27, 1996. Collin weighed 6lbs. 12oz. and measures 20 1/4 inches long.

If you have had a subsequent birth after loss that you would like to announce, please send the appropriate information to [Rebekah Mitchell](#).

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## God's Lent Child

"I'll lend you for a little while  
A child of mine," God said,  
"For you to love the while she lives,  
And mourn for when she's dead."

"It may be one or two years  
Or forty-two or -three;  
But will you, till I call her back,  
Take care of her for me?"

"She'll bring her charms to gladden you  
And (should her stay be brief)  
You'll have her lovely memories  
As a solace for your grief."  
"I cannot promise she will stay,  
Since ALL from earth return;  
But the lessons taught below  
I want this child to learn."

"I've looked the whole world over  
In search for teachers true;  
And from the things that crowd  
Life's lane--I've chosen you."

"Will you give her all your love?  
Nor think the labor vain?  
Nor hate me when I come to take  
The lent child back again?"  
"I fancied that I heard them say,  
'Dear Lord, Thy will be done.  
For joys Thy child will bring  
The risk of grief we'll run.

We will shelter her with tenderness,  
We'll love her while we may,  
And for the happiness we've known  
Forever grateful stay.

But should Thy angels call for her

Much sooner than we've planned,  
We'll brave the grief that comes  
And try to understand."

*Florence Carres*

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## **In Loving Memory...**

### **Amanda Morgan Galleger**

Stillborn January 7, 1997, Trisomy 18

Donation in memory of  
Amanda by her parents, Diane  
and Steve Gallager.

### **Jonathan Daniel Mitchell**

Stillborn June 24, 1995  
Cord Accident

Donation in memory of  
Jonathan by his parents,  
Rebekah and Byron Mitchell  
and brother, Byron, Jr.

Donation in memory of  
Jonathan by grandparents,  
Dennis and Sue Brewer, Sr.

Donation in memory of  
Jonathan by grandparents,  
Marnie and Lyle Mitchell

Donation in memory of  
Jonathan by aunt, Susan  
"Sissy" Harden and cousins,  
David and Natalie

### **Cody Lamar Steele**

Stillborn February 7, 1997

Donation in memory of Cody  
by his parents, Jeff and Dawn  
Steele.

### **Alec Kelly Ayles**

### *Grateful Acknowledgement*

M.E.N.D. gratefully acknowledges gifts of love given in memory of a baby, relative, friend or given by someone just wanting to help. These donations help us to continue M.E.N.D.'s mission by providing our newsletter, web-site, and other services to bereaved parents free of charge. Please refer to the page entitled [Contributions](#) for more information on where to send your donations and what information to include.  
**Thank you so much!**

Stillborn July 26, 1994

Donation in memory of Alec  
by his parents, Wimberly and  
Eric Ayles and little sister,  
Erica Rae.

**Michael Joseph Böer**

Stillborn July 17, 1996  
Trisomy 18

Donation in memory of  
Michael by his parents, Lynne  
and Paul Böer and brother,  
Paul, Jr. and sister, Maggie.

**Gift of Love**

Given by Stacey Lange.

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## Future Newsletter Topics/Submission Deadlines

**November/December Topic**

Surviving Thanksgiving and Christmas  
Deadline - September 1, 1997

**January/February Topic**

Father's Grief  
Deadline - September 1, 1997

*Stories, poems, thoughts and/or feelings regarding these topics are welcomed. Submissions must be received by the deadline to be considered for publication in the newsletter. Unfortunately, there is not enough room to include all submissions. Choices will be left to the discretion of the editors. Refer to the page entitled [Subscriptions](#) for the appropriate address to send your submission.*

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For Questions or Comments, e-mail [Rebekah Mitchell](#).  
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