M. **E**. N. D.



Mommies Enduring Neonatal Death

Holiday Joy

The holidays have always been a really big deal in my family. The six of us "kids" are now middle-aged adults with grown kids of our own, and two of my sisters are already grandmothers. When we were little, my parents created holiday traditions for us, which most of us continued when we began our families.

The day before Thanksgiving was - and still is - a day of comfort to me. I love the spicy aroma of turkey and dressing seasonings, the warmth of the kitchen created by the hot ovens and stoves, and the love of my family all being together.

Christmas, to me, is the epitome of joy. Admittedly, I do find myself quite stressed in December because of all the busyness the month brings, but it is a time of great happiness, nevertheless. I enjoy reflecting on my wonderful childhood memories of Christmas Eve and Christmas morning. Again, I have kept many of my family's traditions within my own little family, such as the picture taking before our son gets to see and open his gifts. And never do we open gifts on Christmas morning until we have eaten hot cinnamon rolls and had coffee and chocolate milk.

Byron and I happily began these practices when we had our first son. The morning of his fourth Christmas, just after his third birthday, I excitedly thought this was going to be the last Christmas he would sit alone on the stairs having his picture taken before seeing what Santa brought. I had just found out we were expecting our second child, so I imagined what the scene would look like a year later, with a baby brother or sister sitting in his lap. But none of that was to be, because our sweet little Jonathan was stillborn six months later due to a cord accident.

When the holidays rolled around several months after Jonathan's death, I could not imagine ever having a happy holiday season again. I decided Thanksgiving

and Christmas were ruined forever. They would never be the same. Yet, as time allowed us to heal, and we learned to create new traditions to include the memory of our Jonathan, the season eventually did become joyful again. However, about the time we were settled into our new normal of holiday traditions and were truly joyful again, we suffered another loss of a tiny baby just days before Christmas. Again, I wondered if the holidays could ever be the same. Now I had two children who would never be here with us, the reality that our living son would be an only child and forever have his Christmas picture taken alone, and an anniversary of a loss – all while trying to keep the holiday cheer and attempting to stay focused on the true meaning of Christmas.

The true meaning of Christmas – that was the key. Is Christmas really all about decorating our homes, opening gifts and taking pictures on the staircase? No. Certainly, we as a society have made it a crazy, busy time, but it shouldn't be. It's hard not to get caught up in what the holidays have become. But I found during my fresh years of grief, if I honed in on celebrating the gift of my Lord and Savior, Jesus, I was filled with immense joy. The holidays once again became a very happy time for me. Yes, we will always recognize the absence of two of our children during this time of year, and I am sure I will always have some private moments of sadness, but I can joyfully tell you there is happiness during the holidays again, and I love Thanksgiving and Christmas! Even if you are not there yet, one year you will be able to say the same. Hang in there; cling to the promise of Psalm 30:5: "...weeping may endure for a night, but JOY will come in the morning."

> ♥ Rebekah Mitchell, Mommy to Jonathan Daniel and Baby Mitchell M.E.N.D. President/Founder

Nota Español: El artículo de Rebekah Mitchell aparece en cada emisión de nuestro boletín para la audiencia latina.

Para ver el artículo de este mes en español, por favor vea la pagina numero 18.

M.E.N.D. is a Christian nonprofit corporation whose purpose is to reach out to those who have lost a child to miscarriage, stillbirth or infant death and offer a way to share experiences and information through monthly meetings, this newsletter, and our Web site at www.mend.org.

For inquiries, subscription requests, deletions, and submissions to the newsletter, contact us at

M.F.N.D.

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Donations make the printing and distribution of this newsletter possible. Your tax-deductible contributions are greatly appreciated and should be sent to the address listed above. If your gift is made in memory of a baby, please include that baby's name (if named), date of birth and/or date of death, the parents' names, and the name of the benefactor. You may also include the cause of death (if known).

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The Heart of the Leader

In1999, I heard the story of how a "friend-of-a-friend's" baby died, and I thought, a newborn baby, dead? That, to me, was unfathomable. I was a young newlywed, totally naive, selfish and a bit spoiled. I was totally oblivious and unaware of the hardships and sufferings that can occur all around us in our everyday lives. Unfortunately, a few short years later, that "friend-of-a-friend" would help me walk through the valley of the shadow of death with my own newborn.

In 2002, when our first child, Landry, was only 11 months old, we discovered we were unexpectedly pregnant again. Since this was not following *my* plan (I was on birth control), I was upset by this news, but we thought, "Well, *God* has another plan for us—clearly." I became ecstatic, though, once we found out it was another boy, and they would be only 18 months apart. A little part of me had reservations of something not being right, but my doctor patted me on the head and assured me it was just "mommy jitters."

August 28, 2002, at a little over 34 weeks pregnant with Logan, at one of the "routine" doctor's visits, my doctor told me I wasn't measuring correctly and became concerned that "there may be something wrong." After a level two sonogram by a perinatologist, our fears were confirmed with the words, "I do see something wrong." My heart stopped beating; David almost fainted, and had to sit down on the floor. The doctor proceeded to explain to us that Logan had skeletal dysplasia. This didn't sound so bad to me. I kept hearing the word "skeleton" and thought to myself, "Well, that can't be all that bad." He told us our son would be a dwarf. Now, my husband is 6' 5" and I'm 5' 8," so I thought, "How can we have a dwarf?" Having a Masters degree in special education and being a teacher, I had thought about every possible thing that could go wrong with a pregnancy, but dwarfism never entered my mind. The perinatologist suggested we see his partner the next day for another sonogram. At that appointment, we learned Logan would not only be a dwarf, but would likely not live long past delivery. He said, "Your baby is going to die." What a blow...I thought after you passed the 12-week mark, all was good. We found out Logan had a lethal form of dwarfism. They told us, after further testing, there was a one percent chance they were wrong, so we held on to that one percent chance with everything we had. We prayed the doctors would somehow be wrong; we prayed our story would be one of those miracle stories; we prayed God would heal Logan; we prayed for what WE wanted—miracle-of-miracles. We went full-term with the pregnancy, holding on to that one percent chance.

While holding on to that one percent, I still had to prepare for the other 99 percent. So there I was, nine months pregnant, walking around a cemetery looking for just the right plot to purchase, so that once he was born, we would have a place to bury my infant son. We had to look for just the right music to play at his funeral, try to find the perfect outfit to dress him and blanket to wrap him in so we could place him in a beautiful casket, and ultimately in the ground. It was completely unfair.

The "friend-of-a-friend" became the rock who pulled us through the time of enormous heartache and sadness. I had prayed for Allyson Smith when she and her husband, Shane, suffered the loss of their son, Troy Carlin. As I prayed for her, unable to imagine how a small, innocent baby could die, little did I know my family would soon experience a similar loss. Allyson was a labor and delivery nurse at the hospital where I was due to deliver Logan. She was there with me, helping me to organize and prepare the perfect "birth plan" for the less-than-perfect situation. She helped me think through everything that would/could happen on that day and helped me to prepare for the birth, death and burial of my second-born son. She was there, not only for me, but for my entire family. She was very involved with M.E.N.D.

So on September 17, 2002, I, a young, totally naive mother, walked into the operating room to let them deliver my son, knowing that doing so would kill him. Logan was fine as long as he was inside me because he didn't have to breathe on his

 $M.\sqsubseteq.N.\bigcirc.$ Page 3

BOOK Review

Love and Salt—A Spiritual Friendship Shared in Letters

By Amy Andrews and Jessica Mesman Griffith http://www.loyolapress.com/love-and-salt.htm

This is a memoir of two graduate students in a creative writing class together, bonded by their common interest in writing about God. As their friendship deepens, they decide to write old-fashioned letters to each other during Lent, committing that each correspondence would detail their pilgrimage in finding God and prayer. The letters continue for a couple of years as each young woman enters into her career, marriage and motherhood.

Halfway through the compilation of published private letters, the content of the letters drastically change as Amy experiences the unthinkable: the stillbirth of her first baby girl, Clare.

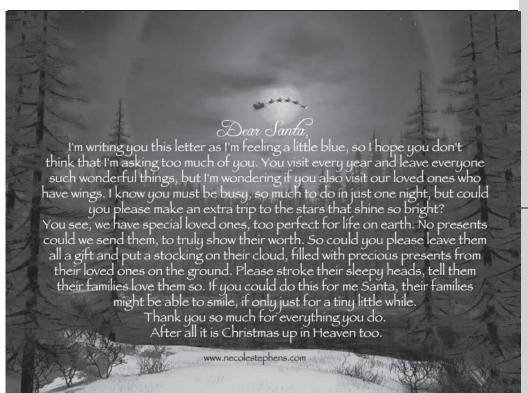
Though this is not an infant loss-specific book, the raw grief emotions Amy expresses will hit home with those of us who have, like her, experienced the death of a baby. And Jessica's reactions and feelings about baby Clare's death exhibit what a true and loyal friend Jessica is to Amy.

♥ Reviewed by Rebekah Mitchell, Mommy to Jonathan Daniel and Baby Mitchell M.F.N.D. President/Founder

M.E.N.D. has a complete list of books, Web sites, organizations, and music resources available online at www.mend.org.

If you would like to submit a review of books, music, Web sites or other resources dealing with infant loss, please email them to our newsletter editor

Jennifer Harrison at jennifer@mend.org.



January/February Topic

Going Back to Work Deadline: November 30, 2013

March/April Topic

Healthcare Providers Grieving Deadline: January 31, 2014

Stories, poems, thoughts, and/or feelings regarding these topics are welcomed. Submissions must be received by the deadline to be considered for publication in the newsletter. Unfortunately, there is not enough room to include all submissions. Choices will be left to the discretion of the editors. Please see page two of the newsletter for the appropriate address to send your submissions. Any submission printed in our newsletter will also be posted to our website indefinitely unless we receive notice in writing that you are only granting permission for your submission to appear in the printed version of the newsletter. Because our newsletters are posted online, please understand that your name will likely be attached to your submission when searched on the Internet.

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Letters to the Editor should be sent to jennifer@mend.org. All letters submitted to the editor are subject to be published in future issues, both in the print version and online, unless a letter's author expressly requests that it not be published.

Birthday Tributes: M.E.N.D. publishes heavenly birthday tributes in the corresponding newsletter. Tributes must be submitted via the online form at www.mend.org.

Heavenly Birthday	
January/February	N
March/April	
May/June	
July/August	
September/October	
November/December	S

Deadline
November 30
January 31
March 31
May 31
July 31
September 30



Birthday Tributes

Happy 2nd Birthday, Parker!

Happy 2nd birthday, Parker! Mommy and Daddy miss you so much, but we know you are safe in Jesus' arms. We love you, precious angel.

Parker Houston Mitchell
Stillborn November 26, 2011, at 39 weeks
Also remembering
Baby Mitchell
Miscarried August 2010
and Baby Mitchell II
Miscarried May 2012
Parents: Kris and Beth Mitchell



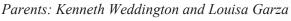
Sibling: Kaleb

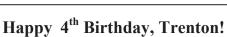
Happy 6th Birthday, Kenneth!

I miss you so very much, my little bookie bears! There truly aren't any words to describe the love I have for you and how much you mean to me. This is a very special year because you would have started school for the first time. Even though I do not get to share some of these special times with you, nothing compares to the brief moments we had together. Our time may have been brief, but it was the most unforgettable time of my life, and I will cherish this forever and ever.

Mommy loves you so much and wishes you the best heavenly birthday ever! XOXO!

Kenneth Bernard Weddington Jr. November 7, 2007 Unknown cause





We miss you and wish you were here on earth to celebrate your special day with your family. Your great-grandma is in heaven now and taking good care of you for us. Your baby brother turned 2, and I know you are always watching over him and protecting him! We love you and keep you close in our hearts and minds.

Love, Mommy, Liam, Grandma and family

Trenton Kohl Woody December 3, 2009-May 30, 2010 Hypoplastic left heart syndrome Mommy: Marissa Martin Little brother: Liam Ryder



Happy 1st Birthday, Bella!

Happy 1st heavenly birthday, our little angel! We all miss you very much! You are so special to us. You are no longer with us, but we think of you every day. You will always be Mama's baby girl and Daddy's little girl.

We love you always, Mom and Daddy

Isabella Nicole Patton August 20-November 26, 2012 Natural causes

Parents: Christopher David Patton and

Selena Marie Godoy



Happy 1st Birthday, Rebel!

Happy 1st birthday in heaven, sweet Rebel. We miss you every single day and wish we had you here with us.

Until we meet in heaven, Mama and Daddy

Rebel Boone Steelman
December 11, 2012
Cord accident
Also remembering
Baby Steelman
Miscarried October 12, 2011
Parents: Matt and Jenny Steelman



Happy 1st Birthday, Jace!

Happy 1st birthday in heaven, Baby Jace! We love and miss you so much!

Jace Corbin Davis
September 7, 2012
Premature at 24 weeks
Parents: Joshua and Cayla Day

Parents: Joshua and Cayla Davis

Sibling: Jordan



Happy 1st Birthday, Gabe!

Happy birthday to our beautiful, sweet little Gabe. You will forever be in our hearts. We love and miss you so much!

Mom and big sister Abby

Gabriel Lee Mcfatridge October 20-27, 2012 Necrotizing entercolitis Mommy: Jana Mobley Big sister: Abby



M.E.N.D Page 5

Happy 3rd Birthday, Khloe!To our sweet Khloe, happy 3rd birthday, Mija! Mommy and Daddy can't believe it's been three years since you earned your wings. Not a day goes by that we don't think of or miss you. We are very grateful God blessed us with a beautiful baby girl and that you chose us to be your parents. You will be in our hearts and missed forever. We love you to the moon and back, Khlo-Bug.

Khloe Peyton Calderon December 21, 2010 Potter's syndrome

Parents: Erik and Angie Calderon



Happy 35th Birthday, Elizabeth!

Elizabeth, even though you never saw the light of day. I loved you every day you grew inside of me. Then one day I noticed things just didn't feel the same. So I went to the doctor, and he said you were no longer alive. That was one of the saddest days of my life, when I realized that we would not get to enjoy raising and nurturing you into the beautiful young woman I knew you would be. Some days I wonder what you might have become, if you were still here. I know you, and your sisters, would have shared many great memories together. I love you!

Elizabeth Nicole Garcia Miscarried October 18, 1978 Parents: Paul and Jeannie Garcia

Siblings: Monica, Sylvia, Christina and Stephanie

Happy 1st Birthday, Rylan!

Happy 1st birthday, Rylan! Mommy and Daddy carry you in our hearts every day, and we're celebrating with a chocolate milkshake just for you.

Mommy and Daddy

Rylan Doucette November 27, 2012 Ectopic pregnancy

Parents: Aaron and Kristian Doucette



Happy 1st Birthday, Gabrielle!
Happy 1st birthday, my sweet baby girl! You are loved and missed with each passing moment. I will remember our brief time together and celebrate your beautiful spirit.

> Love, Mommy

Gabrielle Simone Brown November 17, 2012 Cord accident Mommy: Daphne Brown



Happy 3rd Birthday, Isaiah!

We still miss you, son! It's hard to imagine that you are 3 already! With lots of love, Mommy, Daddy, big brother Danny and little sister LuAnna

Isaiah Niekolev October 28-29, 2010 Trisomy 13, 18 and 21

Parents: George and Esther Niekoley

Siblings: Danny and LuAnna



Happy 5th Birthday, Forsberg Twins!
Happy 5th angelversary, you two! It is crazy how five years have gone by. There is always a yearning for you both here. It is both hard and a blessing being new to Texas. All that I planted in your memory are in Pennsylvania, but I know y'all are watching down here on us no matter where we are. Until I am with all of you again.

Twin Baby Forsberg I Miscarried October 20, 2008 Twin Baby Forsberg II November 18, 2008 Ectopic pregnancy Also remembering Baby Forsberg IV Miscarried July 2010 Baby Forsberg V Miscarried September 2010 Braxton Blake Sebastian Forsberg Missed miscarriage April 15, 2012 Translocation of chromosomes Parents: Michael and Sara Forsberg

Siblings: Calvin, Collin and

Baby Forsberg (due January 2014)

Happy 2nd Birthday, Travis!

Fly high my baby angel, Spread your wings and fly; Take the beauty of your sweet, sweet soul And share it with the sky.

We miss you, Travis Lee! Thank you for changing our lives. We will meet again some day. Love always and forever, Daddy, Mommy and Sissies

Travis Lee Boles October 12-November 27, 2011 Trisomy 18

Parents: Justin Boles and Jill Kotara

Siblings: Avery and Paislee



Page 6 M.E.N.D.

Happy 4th Birthday, Bryan!

To our baby boy, not a day goes by that we don't think of you and how our lives would be so different. You would have been 4 years old. At the time we had no clue what was coming and what we were meant to learn. But now, looking back, you gave us some of the greatest gifts, strength being the best!

With love always, Mommy and Daddy

Bryan Thomas Davis December 11, 2009 Two-vessel cord Also remembering Baby Davis I March 2009 at 8 weeks Unknown cause Tristan Matthew Davis August 25, 2010 Preterm labor Baby Davis II March 2011 at 6 weeks Ectopic pregnancy Baby Davis III January 2012 at 4 weeks Chemical pregnancy Baby Davis IV May 2012 at 4 weeks Chemical pregnancy Baby Davis V September 2012 at 4 weeks Chemical pregnancy Baby Davis VI March 2013 at 4 weeks IVF Chemical pregnancy Parents: Brent and Melissa Davis



Happy 5th Birthday, Joseph!

Dear Baby Joseph,
I miss you a little,
I guess you could say,
A little too much,
A little too often,
And a little,
More each day!

Happy birthday, my baby boy.

I love and miss you so much. Till we meet again.

Love, Mommy

Joseph Andrew Santillan-Castillo October 2-3, 2008

Prematurity, internal bleeding

Parents: Joseph Santillan and Rosie Castillo

Siblings: Giselle, Josie, Josephine and Jayden-Castillo

Happy 4th Birthday, Kavya!

Hi Sis—your two troublemaker siblings here... Happy 4th birthday! We sure miss you; we need a buffer between Mom and Dad so we can get away with more stuff-HA! Anyhow, so we light a candle by your picture every morning and wish you a good morning, just making sure you are on our team for the day. We say good night too, knowing you are watching over all of us. You came into this world to make us all the best we can be and to prepare Mom and Dad for double trouble. Love you tons! See ya! XOXO!

Your two partners in crime Umma from Mom and Dad. too.

Kavya Marie Kurishingal December 17-31, 2009 Complications from omphalocele Parents: Tina and Pravin Kurishingal

Siblings: Little brother Jacob and little sister Kyra (twins)

Happy 4th Birthday, Madilynn!

Sweet Madilynn, we can't believe it's been four years since you were born into heaven! We love you so much and still miss you every day. Beautiful girl, I dream about what you would look like now and all of the fun we would have. I bet you have red hair like me with curly little pig tails! Tell your Memaw to throw you a big birthday party in heaven for us! Happy birthday, baby girl!

Love forever, Mommy and Daddy

Madilynn Isabell Kelley Stillborn December 3, 2009 Cord accident

Parents: Jeremiah and Cherish Kelley



Happy 2nd Birthday, Owen!

Our dearest Owen, it's difficult to believe that it's been two years since we held you in our arms. You will always be our first born, our son, our Peanut. Not a day goes by we do not think of you, and we often receive messages from family/friends so we know we're not the only ones who miss you so much. You have a little sister, Emma. She looks so much like you. We talk about you to her and will always do so. We love and miss you so much, our beautiful son. Until we meet again.

All our love, Momma, Daddy and Emma

Owen Henry Cao Stillborn November 27, 2011 Unknown cause

Parents: Mike and Melissa Cao Little sister: Emma Lucille



M.E.N.D

Happy 3rd Birthday, Blake!

To our tiny little blessing, it's been three years since you were born. Happy 3rd birthday in heaven! There isn't a day goes by that we don't think about you and miss you dearly. We wish you were here chasing your little sister and playing with trucks, trains and all the things a little boy loves. We wish we could have watched you grow, but we know we will see you again someday. Until then, we rest assured knowing you are safe at home in the arms of Jesus.

> All of our love, Mommy, Daddy and Sissy

Blake McCullah December 20, 2010

Placental abruption/FVL clotting disorder Parents: Daniel and Jennifer McCullah

Little sister: Adalynn



Happy 10th Birthday, Marissa!

Dear sweet Marissa Joy, it has been ten years since we held you close and saw your beautiful face. We have been so blessed by those 55 minutes in your dad's arms and the 31 weeks your mom's womb. We thank God for all the many lessons your short life has taught us and for the many hurting families we have been blessed to come alongside these last ten years.

Until we meet again in Glory, Mom, Dad, Stephen, Season, Ethan, Marshall, Clay, Gavin, Gage, Parker and Joshua

Marissa Joy Jordan November 26, 2003 Thanatophoric dysplasia Parents: Sean and Sarah Jordan

Siblings: Stephen, Ethan, Marshall, Clay, Gavin, Gage,

Parker, Joshua, Season

Happy 8th Birthday, Aaliyah! Happy 1st Birthday, Messiah!

God knows I miss you both dearly. I know that you are in heaven watching over me and taking care of your brother. I love you very much, Aaliyah, and I wish you were here with me, your sister and brother, but God gave you a better plan to be beside Him. I love you. Take care of your brother for me.

Aaliyah Yeldell-Taylor August 8, 2005 Unknown cause Messiah Yeldell December 18, 2012 Ruptured placenta Mommy: TiAnna Yeldell

Siblings: Neveah Yeldell and Marque Garrett

Happy 1st Birthday, Angel Baby Partee!

Even though I never met you, I loved you from the day I found out, Unconditional emotions is all that came out. You'll be in our hearts forever, and that is no doubt. I know God is taking care of you in heaven As he hears my silent pouts, And angels watch over Mommy in this time of doubt, But you're in my memory while life sorts itself out.

> I love you, Angel Baby Partee, and we'll see you again in heaven. Love, Mommy and Daddy

Angel Baby Partee Miscarried December 15, 2012

Parents: Charles Partee Jr. and April McCurdy



Happy 2nd Birthday, Maximus!

Happy heavenly birthday to our sweet boy! We love you so much, Max! Two years old! WOW! We know you are toddling around and babbling all about how wonderful God's kingdom is and how excited we are for you to show us around when we get to join Jesus and you! We miss you greatly and love you even more! God is good.

> Love you love you! Mom, Dad, Alex, and Abigail Alex says "Happy birthday, bro"

Maximus Samples Stillborn December 7, 2011 Unknown cause

Parents: Nicholas and Deborah Samples

Siblings: Alexander and Abigail



Happy 1st Birthday, Little Peanut!

We miss you, Little Peanut.

Little Peanut Lopez Miscarried December 2012

Parents: Victor and Jenny Lopez Siblings: Romeo, Jasmine, Alexandra and Savannah

Happy 1st Birthday, Adriano!

You gave us 72 days of pure perfection that will last a lifetime full of wonderful memories! Love,

Mommy, Daddy and Sissy

Adriano McKav November 11, 2012-January 22, 2013 Complications due to prematurity Parents: Andre and Tiffany McKay

Sister: Tatiana



Page 8

Happy 3rd Birthday, Rayleigh!

Happy birthday, baby girl. I can't believe that you will be 3 this year. I know you were only here for a short time, but you touched many lives with your little visit. Your daddy and I love you very much. I know that we can't wait to see your face and little hand and wrap you up into our arms again. We love you very much. Happy birthday! I know it will be the best.

Rayleigh Grace Vermilyea Miscarried November 9, 2010 Parents: Christopher Allan Vermilyea and Samantha Paige Ward

Happy 8th Birthday, Aiden!

Aidan, where have eight years gone? I can remember your sweet smile and beautiful eyes as if I saw you yesterday! While we miss you here, I am grateful to know you are playing in your heavenly home constantly surrounded by peace, joy and love. You are deeply loved and missed by your mommy!

Aidan Vander Cruyssen October 2-December 3, 2005 PKDMommy: Shane Meyer

Little sister: Cameron



Happy 2nd Birthday, Charlotte!

Happy 2nd birthday, sweetheart! We miss you each and every day, but we know you are smiling and laughing in the arms of Jesus. You will always be our precious angel, and we look forward to seeing you again someday.

> Love. Mommy and Daddy

Charlotte Grace Harrison December 28, 2011-January 4, 2012 Unknown cause

Parents: Luke and Amanda Harrison Sibling: Evan (due January 2014)



Happy 8th Birthday, Hope!

Instead of a card We send our love Instead of a gift, a prayer For the one we thought the world of And miss beyond compare. Love from Mama and Daddy

Hope Kirkpatrick November 5-8, 2005 Amniotic band syndrome Parents: Kirk and Aly Kirkpatrick Little Siblings: Ian and Janie



Happy 5th Birthday, Gabriel!

They say that time heals all wounds, But we know this isn't true, For with every passing day, The heartache deepens too.

It's hard to believe that five years have passed, Since holding you for the first time and the last.

Although we long to hold you again, We'll forever hold you in our hearts. And though your little siblings are now here, You are where our family starts.

We know that you're safe in Jesus' arms, And in Mema's arms too. But our hearts won't feel complete, Until we're holding you, too.

Keep watch for the five balloons your little brother and little sister will be sending up to you on your special day. We love and miss you more than words can say! XOXOXO Love.

> Mommy, Daddy, little brother, Isaac, and baby sister, Kinsley

P.S. Thank you for asking Jesus to bless us with a beautiful rainbow on your birthday last year! It was a wonderful reminder that God keeps His promises and that we'll see you again someday!

Gabriel Laws December 17, 2008 Hydrops Fetalis, unknown cause Parents: Joe and Regina Laws Siblings: Isaac and Kinsley



Happy 3rd Birthday, Samuel!

In memory of our beloved son, Samuel, The leaves will be falling soon Our hearts will feel hollow May our well wishes reach you We love you today and more tomorrow!

Jesus called the children to Him, and said, "Let the children come to me, and do not hinder them, for the kingdom of God belongs to such as these. I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it." - Luke 18:16-17

Samuel Adan Contreras Stillborn November 11, 2010 Cord accident Parents: Mercedes and Alfredo Contreras Sibling: Isaiah

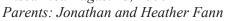


Happy 10th Birthday, Caleb!

Our precious son, ten years...ten! I am at a loss for words. Thankfully, God's word isn't: "The Lord is close to the brokenhearted and saves those who are crushed in spirit." Psalm 34:18

> Missing you for a decade now. Love, Mommy, Daddy and Maddie

Caleb Scott Fann December 1, 2003 **PROM** Also remembering Baby August Fann Miscarried August 13, 2004



Little sister: Madison Grace



Happy 4th Birthday, Baby Girl!

Happy 4th birthday, sweet girl! We cannot believe that four years have already passed since you got your wings. The time has gone by so fast, but you are never forgotten. You are always and forever in our hearts, Baby Girl.

To the moon and back, Momma, Daddy, Lauren and Avery

Baby Girl McNeil Miscarried December 31, 2009, at 19 weeks Unknown cause

Parents: Brendon and Meredith McNeil

Little sisters: Lauren and Avery

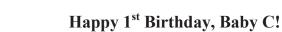


Happy 1st Birthday, Baby Miller!

This little one is the fourth grandchild I have lost. Although my heart breaks from never having the joy of knowing these little angels, my heart shatters when I see the pain and suffering my children must endure.

Baby Miller Miscarried December 17, 2012 Also Remembering: John-David BabvIBaby II

Parents: Phillip and Sheanna Miller Grandmother: Samantha York-Hamilton



Although we never held you, we know Jesus is holding you until we can. We love you, sweet baby!

Baby C Copeland December 19, 2012 Unknown cause

Parents: James and Abi Copeland Siblings: Anabelle and Mya

Happy 4th Birthday, Serenity!

Ahh, little girl, how I have missed you. Levi just turned 2, and you are hitting the big 4. I can't help but wonder what it would be like having the two of you running around together. As I have watched Levi do all of his "firsts," I can't help but be a little bit jealous that Jesus gets to watch you do all your "firsts." But I know where you are there are no first scrapes and owies, no first tears, no hurt feelings, no sadness and no good-byes. One sweet day we will all join you, and then I will hug you for all eternity.

> Love you so very much, Mommy, Daddy and Levi

Serenity Harrison Miscarried December 9, 2009 Parents: Curtis and Jennifer Harrison Little brother: Leviticus Aaron



Happy 3rd Birthday, Raekwon!

In remembrance of my baby boy, Mommy will always love you. You are the inspiration behind everything I do for pregnancy and infant loss. I love you forever, I'll like you for always, as long as I'm living my baby you'll be.

Raekwon Kemel Stillborn December 2, 2000 Mommy: Nikisha Perry Sisters: Victoria and Vivienne



Happy 2nd Birthday, Elliot!

To our sweet Elliot, we thank God every time we think of you. You are truly a treasure to our family. We love and miss you so very much.

Elliot Joseph Wood Stillborn December 21, 2011 Suspected cord accident Parents: Ron and Halee Wood

Sibling: Reese



Who could have known the exquisite difference Your brief life would make upon mine? Who could have known a tiny baby Would show me the beauty of a sunrise. *Or the wonder of a rainbow or the pain of a tear?* Who could have known an innocent child Would take away my fear of death, *And point me in the direction of heaven?* Who could have known that you would succeed Where so many others have failed?

Written by Dana Gensler, mommy to Lindsay

Retrieved October 15, 2013, from http://www.erichad.com/lindsay/. Page 10 M.⊑.N.D.

Return to Zero

"There is no agony like bearing an untold story inside of you." -Maya Angelou

We pause to decide if this person is worthy of hearing our "untold story" we bore inside of us, literally; worthy of the pain we endure as we relive each moment and worthy of the trepidation we face as we wonder how this person will react to our story. Will they offer words of comfort or make one of the many painful comments we have heard from others who do not understand? We begin to keep our story close to our hearts, sometimes locked away for no one to hear because the pain we endure in our loss is too great. Even if we share about our babies, we may not speak of the other losses we endured: the loss of innocence that babies die, the loss of our happiness, the loss of a relationship with the other parent, family or friends, sometimes the loss of our faith and sometimes the loss of making it through each day.

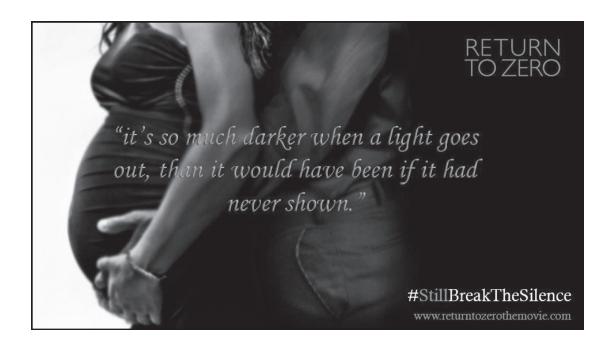
Return to Zero is about breaking this silence. It is making the voices heard of those that have suffered a loss, the battles they endured and the strength it takes to make it through each day after a loss. Return to Zero is based on a true story of a successful couple, played by Paul Adelstein (Aaron Royal) and Minnie Driver (Maggie Royal), who are preparing for the arrival of their first child. Life appears to be picture-perfect, until a few weeks before their due date they receive the devastating news that their baby son has died in the womb and will be stillborn.

Maggie and Aaron attempt to go on about their lives, but as many of us have experienced, they cannot escape their postpartum grief. The loss of this little child forever alters their lives and relationship, to the point that they turn to other ways to handle their grief, through denial, escape, alcohol and even an affair. The movie follows the couple through marital strife, a subsequent pregnancy, and the choices they must make as they move forward from grief into a new normal.

This film will open doors of discussion about pregnancy and infant loss. While we wish these losses never occurred, unfortunately, they do, and those suffering should not suffer in silence. We each have a story to be heard, and it is time for each of us to break the silence.

To read stories from others breaking the silence, visit http://returntozerothemovie.com/blog/.

To share anything about your experience with the Return to Zero community, just e-mail info@returntozerothemovie.com



Creating New Traditions

We struggled and debated for three years after Lindsay died. Should we keep them the same? Should we add a few? Delete a few? Create some new ones? The idea of hanging Christmas stockings was a tough one - we didn't hang any the first three years. Our other two children were babies and therefore knew nothing of stockings and the treats they are supposed to hold on Christmas morning. So it was easy for us to ignore them a few years.

That changed the third Christmas when Melissa, then four years old, asked why her friends found stockings on Christmas morning, and she didn't. So I bought a couple of kits and made them each a personalized stocking. But seeing the two stockings on Christmas morning, and none for Lindsay, was very sad for me. I made a deal with myself that we would never again celebrate Christmas without a stocking for Lindsay, too.

So the next Christmas, I made another personalized stocking. It brought me comfort to think of it hanging in its proper place between Melissa's and Katie Rose's. I felt I was finally coming to some sort of peace about Lindsay's death, and while we had struggled a few years about what we should and shouldn't do, one thing I was sure of: as long as the things we did in her memory did not hurt ourselves or anyone else, then it is okay for us to do them.

That Christmas, we hung the special ornaments we have collected for our children, set the nativity up in its usual place of honor, and hung the three stockings on the mantel. The house was dark, lit only by candlelight and the twinkling lights of the Christmas tree, a true cedar. We stayed up late on Christmas Eve frantically assembling the bicycles, trikes and dollhouses, filling the stockings, wrapping the last-minute gifts, and then fell into a deep slumber.

The next morning the girls tiptoed into our room and Melissa put a hand on my back and urgently whispered, "Mom, Mom, wake up! I have to show you something."

Assuming she was going to exclaim over her beautiful, shiny blue bike parked in the living room, I woke Phil to join in the celebration. Together we walked into the living room and my eyes were immediately drawn, not to the bike, but to the three stockings on the mantle.

"Don't you see, Mom?" Melissa said tearfully, pointing to the three stockings. "Santa forgot to put anything in Lindsay's stocking!"

And Lindsay's stocking looked so forlorn and empty hanging there between the other two, which were bulging with prizes and treats and goodies.

"Do you think Santa sneaked in our rooms to see who was here?" she asked.

I was softly weeping now. It was MY fault that Lindsay's stocking looked so starkly different from the others, not Santa's. I was the one who bought the treats and

filled them, but I did not think about putting anything in the middle stocking. I thought simply having it there was enough.

As I sat down in the rocking chair, hugging a new Winnie-the-Pooh, Phil took the stockings down and handed them to the girls who were by now, sitting on the floor, eagerly waiting for them. I was lost in my thoughts and grief, blaming myself for this incredible blunder, when Melissa, very matter-of-factly dumped the contents of her stocking into my lap and said, "Here, Mom. Lindsay can just have some of mine." And Katie Rose, who was almost three, gave me an apple and a Cherry Merry Muffin doll. "These are for Lindsay, too," she said.

If this is your first (second or fifth or tenth) Christmas since your child died, you may be struggling with what you should and shouldn't do. This is normal. We wonder if others will think we're just a little too sentimental to include our dead children in family celebrations. Or even worse, that we are merely angling for sympathy.

I am a relatively quiet person, and it is very hard for me to let those around me know what I need, thus began a cycle of misunderstandings. On the Christmas of 1989, when Lindsay should have been seven months old, I KNEW we needed to do certain things in her memory, but for fear of what others might think, I didn't exactly make it clear that was what I was doing. As time went on, and I got a little braver, some began to question my motives: "We didn't do it like this last year! Why must we change this year?"

Of course, we who know understand that we sometimes think we are going to be okay with certain things, only to find this is not so. And we discover that it is okay to try new and different rituals every year until we know exactly what we need. Give yourself permission to do that.

As time moves on, we learn more about ourselves and what we should and shouldn't do at special times of the year. We learn to live with our grief in a different way, and we learn what we need to do in order to find a little comfort and peace.

I thought we only needed Lindsay's stocking to be hanging with the others, but I discovered we need it to be filled too. I didn't learn that until the Christmas she should have been 4 ½ years old, and a new tradition was created. This year, her stocking will not hang empty.

By Dana Gensler, Lindsay's mom

Lindsay Nicole Gensler was born May 23, 1989 and died on May 25, 1989 from Hypoplastic Left Syndrome. Retrieved October 15, 2013 from http:// www.storknet.com/cubbies/pil/holidays-newtraditions.htm



Ellie Barnes

Stillborn February 6, 2011 Unknown cause Given by parents Gentry and Rebecca Barnes

Baby Bass

Miscarried December 26, 2006 Given by parents Travis and Heather Bass and siblings Rachel and Braden

Jordan Alexander Booker

Stillborn January 11, 2007 Cord accident/true knot in cord Gifts given by Mommy Norma Jordan Marcia and Dudley Calhoun Christopher and Julianne Rompel

Levi Samuel Bowmer

April 19, 2013 Trisomy 13 Given by parents Sam and Jenae Bowmer

Yancel Larvell Maurice Bridges

January 16 - June 4, 2009

Unknown cause Mommy: Yanisha Bridges Given by grandparents Von and Maurice Griggs-Laws

Riley James Buchanan

May 23-June 14, 2010 Interstitial Pneuemonitis/SIDS Mommy: Jordan Dupree Sister: Advson Buchanan Given by Shirley Sullivan

Aubree Faith Carmichall

August 18, 2011 Uterine rupture Given by parents Jeremy and Kelly Carmichall

Catherine Grace Chapman

August 10 - 12, 2012 Premature/HELLP Syndrome Gifts given by Mommy Kara Chapman Grandmother Nancy Chapman Aunt Margaret McAnally

Jowell Ivan Castro

July 12, 2012

Given by Miriam Garcia

Samuel Adan Contreras

Stillborn November 11, 2010

Cord accident

Parents: Alfredo and Mercedes Contreras

Brother: Isaiah

Given by the staff of Dr Delphinium

Designs and Events

Abigail Grace Crump

July 1, 2003 Trisomv 18

Given by parents Gerald and Jaimie Crump and little sisters Cami and Karli

Aidan Vander Cruyssen

October 2-December 3, 2005 **PKD**

Given by Mommy Shane Meyer

Brook Sophia Daily

Stillborn March 11, 2010

Vasa Previa

Given by parents Jeremy and Lisa Daily and sisters Sarah and Savannah

Sophie Jane Darnell

Stillborn May 28, 2012 Unknown cause Gifts given by

Parents Tommy and Brea Darnell and big brother Luke

Grandparents Danny and Helen Lynch Nana Tammy Darnell

Michelle Skrasek Lydia Stoner

Uncle Bryan and Aunt Lisa Lynch

"A Lover of Angels" Sheryl Wright Tracie Vaughn

Bryan and Michelle Roos Lars and Mary Nielsen

Riley and Parker Davis

November 14, 2006 Prematurity

Given by parents Rob and Cheryl Davis and little sister Annalise

Baby Dill

Miscarried May 2002

Cooper Dill

May 26, 2003 TTTS/Cord accident

Given by parents Brandee and Jim Dill and siblings Avery, Tate

and Paxton (Cooper's twin)

Westin Dobbins

August 8, 2010 Incompetent cervix Given by parents

> Randy and Cortney Dobbins and siblings Cynlee and Colt

Princess-Jahzara Emani

Stillborn July 26, 2010 Incompetent cervix Gifts given by Mommy Jasmine Swain Detreatta Williams

Kyler Paul English

Stillborn January 20, 2006

Cord accident

Parents: Laurie McPike and Bob English Given by Jon and Laurie McPike and brothers Kinser, Kelson and Kayden

Skyla Olivia Burns Ennis

May 21, 2011 Premature Given by Mommy Tarsha Ennis

Caleb Scott Fann

December 1, 2003

PROM

Baby August Fann

Miscarried August 13, 2004 Parents: Jonathan and Heather Fann Little sister: Madison

Gifts given by

Richard and Ginny Haymes Lawanka Mallard Uncle Michael and Aunt Jaime Fann Brian and Michelle Gross

Jacob Fukasawa

Stillborn February 8, 2010 Given by parents Sarah and Yoshi Fukasawa

Evan Garland

March 4, 2008 Ella Garland

April 16, 2008

Premature

Given by parents Mary and Brett Garland

C.J. Gold

Miscarried August 12, 2008

Marina Gold

Miscarried July 13, 2009

Parents: Greg and Kathryn Gold

Big sister: Emily Gifts given by:

Grandma Nellie Gold Great-Uncle Lloyd and Great-Aunt Lillian Gentry Uncle Greg and Aunt Jen Sitzes

Erika Brianne Grau

July 9 - August 3,1997

Anoxic brain injury due to ruptured uterus

(VBAC)

Parents: Yvette and Ray Grau Siblings: Nik and Nataly Given by little sister Nataly

Serenity Harrison

Miscarried December 3, 2009

Gifts given by

Parents Curt and Jennifer Harrison and little brother Leviticus Aaron Steve and Julie Lindsey

Steve and June Linusey

Emily Katherine

Given by Tara Hollingshed

Alan John Huelsebusch

Stillborn March 9, 2006, at 24 weeks

Unknown cause

Parents: Don and Sandy Huelsebusch Siblings: Ashlie, Courtnie and Cayden Given by Dean and Kim Niesner

Logan David Iliff

Stillborn May 5, 2000 Placental abruption Mom: Samantha Iliff

Sibling: Blake Given in memory of

Jackie Odom (Logan's Grandmother)

February 8, 1950 - August 29, 2013

Gifts given by

Julie and Roger Sanders Heritage Hospice of Texas

JJ Kojich

February 19-March 9, 1996 Omphalocele complications Given by mommy Linda Kojich and brothers Adam and Alex

Baby Girl Krymkiewiez

Miscarried June 13, 2008

Emma Krymkiewiez

May 5, 2009

Neonatal Hemochromatosis

Given by parents Hernan Krymkiewiez and Ana Ayon and sister Isabella

Kavya Marie Kurishingal

December 17 - 31, 2009

Complications of omphalocele

Given by parents

Tina and Pravin Kurishingal and siblings Kyra and Jacob

Emmaline Ila Legg

July 29, 2010

Full-term placental abruption

Baby Legg I

Miscarried 1999

Baby Legg II

Miscarried 2009

Baby Legg III

Miscarried April 13, 2011 Parents: Jimmy and Ami Legg

Siblings: Mckinley, Madeline and Maxton

Given by Ellen Brenan

Nathaniel McIntosh

May 24, 2012

Cord accident

Given by parents

Jason and Valerie McIntosh and sibling Norah

Myrin Lenay McNeil

June 19, 2013

Given by Jolynn Tizeno

Miranda Micaela Medrano

October 1, 2008

Prematurity

T.F. Medrano

Miscarried March 22, 2013

Given by parents Jose and Marvelia

Bay Miltenberger, Jr

Stillbon December 9, 1998

Preterm labor

Parents: Bay and Paula Miltenberger Siblings: Bryce, Bo, Brady and Brooks Given by Women's Mental Wellness

Gideon Zeller Mitchell

Stillborn May 17, 2011

Membranous cord

Gifts given by

Parents Todd and Stormy Mitchell and little brother Silas Grandparents Earl and Karen Zeller

Jonathan Daniel Mitchell

Stillborn June 24, 1995

Cord accident

Baby Mitchell

Miscarried December 2001

Gifts given by

Parents Byron and Rebekah Mitchell and big brother Byron, Jr.

Grandparents Dennis and Sue Brewer "A Lover of Angels"

Lily Joy Moore

Miscarried March 2, 2011

Early pregnancy loss

Parents: Jeremy and Kathleen Moore

Big brother: Isaac and Judah

Given by: Grandfather Ray Neely, Jr.

Max Emmanuel Novik

May 9-10, 2011

Anencephaly

Given by parents Mark and Melinda Novik and sisters Sam (Max's twin) and Jenna

Carter Patrick Outen

Stillborn November 6, 2000

Unknown cause

Baby Outen I

Miscarried April 3, 2001

Baby Outen II

Miscarried October 5, 2001

Given by parents Chris and Shannon Outen and little sisters Erin and Charlie

Margot Lily Perry

Stillborn June 10, 2013

Unknown cause

Given by parents Marisa and Brandon Perry

Elena Marie Rusert

May 23, 2011

Premature

Given by parents Tina and Michael Rusert and siblings Liam and Asher

Stefanie Marie Sartin

August 29, 2007

Prematurity

Parents: Steve and Nicole Sartin

Sister: Serena Rose

Given by Don and Elaine Hancock

Maximus Samples

Stillborn December 7, 2011

Unknown cause

Given by parents

Nicholas and Deborah Samples and siblings Alexander and Abigail

Morgan Schear

Miscarried March 28, 2006

Given by parents Nobel and Paula Schear and big brother Isaac

Rylan Elizabeth Slate

October 17-20, 2008

Unknown cause

Given by parents Daniel and Kristah Slate and siblings Camden, Everett, Anna Claire and Owen

Mindy and Maggie Smith

Stillborn November 4, 1997 TTTS and Polyhydraminos

Gifts given by

Parents Scott and Karla Smith and siblings Travis and Julia Sara Kite Page 14

Mercedes Ruth Spigener

Stillborn September 21, 1995 Intramembranous insertion of umbilical cord

Twin Blossoms Spigener

Miscarried July and August 1996

Baby Spigener

Miscarried February 2004 Parents: Grant and Jana Spigener Siblings: Wyatt, Ford, Porter, Calvin

and Sadie

Given by grandparents

Barry and Sherylyn Spigener

Ethan Kane Spurrier

Stillborn September 5, 2007 Cord accident Given by parents Bruce and Sandra Spurrier and siblings Thomas and Jakob

Weslev Stockstill

Parents: Jonathan and Whitney Stockstill Given by Kristin and Victor Vandergriff

Case Foster Thomas

August 29, 2012 Placental abruption Given by parents Cody and Elizabeth Thomas

Alivia Elizabeth Grace Walker

July 24, 2006 Incompetent cervix Given by parents Robert and Liz Walker and siblings Jaxson and Lauryn

Kyle Charles Walton

November 19, 1998 Group B strep and lack of proper nourishment from placenta Parents: Jason and Kristen Walton Siblings: Jessica, Laura and Joshua Given by Joshua's Pest Control

Christian Graham Wells

Stillborn July 11, 2010 Unknown cause Parents: Glen and Mitzi Wells Siblings: Michael and Mya

Given by G.W. Air Services

Ariel and Angel Wong

Stillborn June 26, 2013 **TTTS** Given by parents Emyllin and Ari Wong

Adrian Joseph "AJ" Zuckerman

Stillborn March 30, 2006

Cord accident

Parents: Amber and Al Zuckerman

Brothers: Eli and Alex Gifts given by

> Paul Goyne Tammy Montgomery Michael and Jane Gartenhaus

Gifts of Support

Second Baptist Church, Springfield, MO West Conroe Baptist Church, Conroe, TX Will and Lauren Clark Mary Carol and Tim Hughes Mr. and Mrs. Thomas Rodgers Raymond and Lenette Vogt

Legacy Giving

Losing a child has changed each of our lives forever. We appreciate all financial support of the services our organization gives to bereaved parents—no matter the size of the contribution. However, some of you may have the capacity and desire to give a lifelong gift to M.E.N.D

If you're interested in creating a legacy gift or endowment in honor of your baby, M.E.N.D. would be happy to assist you in gathering the necessary information to remember our organization in your will or trust. For more information about legacy giving, please contact Rebekah Mitchell at rebekah@mend.org.



Thank you to our Houston Walk to Remember sponsors.

Jason and Varlerie McIntosh Miriam Garcia Jose and Marvelia Medrano Emyllin and Ari Wong Shane Meyer Kriatah Slate

Happy Birthday in Heaven

I wish you were here today even for just a little while so I could say "Happy Birthday, little pink bundle" and see your beautiful smile.

The only gifts today will be the gifts you left behind; The joy and happiness... precious memories...the best kind.

Today I'll do my very best to try and find a happy place... struggling to hide my heavy heart and the tears on my face.

I'll sit quietly and look at your picture thinking of you with love; knowing you're wonderfully alive in Heaven up above.

May the angels hold you close and sing you a happy song... and I'll be sending wishes to you today and all year long.

Written by Kim, Retrieved from http:// allpoetry.com/poem/8969765-Happy-Birthday-in-Heaven-by-kidaca on September 29, 2013.

> ♥ Submitted by Aly Kirkpatrick, Mommy to Hope



1. Page 15



Marc Johnson and Jack hanging ornament in memory of Marcus Alan, Jr

Walk to Remember-Dallas



Crowd of 1,300 recognizing more than 300 babies and releasing 2,000 balloons



Magen Kaye placing an ornament in honor of Jayden, Baby Kaye and Tucker



Ornament for Alivia Elizabeth-Grace hung by daddy, Robert Walker

Thank you to our the Dallas Walk to Remember sponsors.

El Fenix Scott and Jodie Gibson Dallas Stars Joel and Calli Stanley Smiling Moose Deli Wells Fargo Bank Stampin' Up Joshua's Pest Control Detreatta Williams Jeany Martin Jasmine Swain Nothing Bundt Cakes / Southlake Painting With a Twist / Grapevine Robert and Liz Walker Natalie Allen / Origami Owl DeAnna Cochran Jewelry Grand Prairie Air Hogs Tommy and Brea Darnell The String Bean Restaurant Sam and Jenae Bowmer Green Mountain Coffee Christopher and Julianne Rompel Sterling Images by Brittney Fish Jamberry / Noel Giger Danny and Helen Lynch Gentry and Rebecca Barnes Steve and Michelle Skrasek Brandon and Marisa Perry iFratelli Pizza / Valley Ranch Al and Amber Zuckerman Adventure Landing

Flying Fish Anything Goes Jason and Tara Allen FC Dallas Rachael McClelland Fort Worth Zoo Jason's Deli / Irving Jim and Larissa Wheeler Jolynn Tizeno Alley Cats Tammy Montgomery Norma Jordan Will and Tanesha Hackney Redbox Tracie Vaughn Gary and Lydia Stoner Nobel and Paula Schear Flying Saucer Bryan and Lesa Lynch Chris and Shannon Outen Byron and Rebekah Mitchell Dudley and Monica Calhoun The Haven's Spa / Weatherford Planet Burrito Paul Goyne Sheryl Wright Bryan and Michelle Roos Lars and Mary Nielsen Pics by Azul / Monica Garcia Spring Creek BBQ Tammy Darnell

Michele Massey Chick-fil-A / Plano Steve and Becky Carter Michael and Tina Rusert Maverick's Sports Grill Thirty-one / Jennifer Wheelbarger Park Lane Jewelry / Tara Claborn Cheesecake Factory The Parks Mall at Arlington My Forever Child Bob's Steak and Chophouse Premier Jewelry / Bridget Lewis Inspired Creations by CEO Main Street Signs & Graphics **Precious Moments** In-N-Out Burgers **Texas Rangers** Rochelle Duke ICE at the Parks Von and Maurice Griggs Stage West Texas Motor Speedway Dallas Mavericks Charlise Grisham Walt and Susan Beaver AMC eaters Jena's Jems Nataly Grau Tracie Mendoza Chuck E Cheese iFratelli Ristorante

Dentistry of Las Colinas / Byron L. Mitchell, DDS
Women's Mental Wellness / Drs. Miltenberger, Brown, & Sardone
Gene and Jerry Jones Family Dallas Cowboys Charities
Staff of Dr Delphinium Designs and Events
Sunny Graham Realty / Jennifer Cathcart
Precious Memories Photography by Crystal
Dr Delphinium Designs and Events

Page 16 M. E. N. D.

M.E.N.D.

Chapter Corner

Chapter Meeting

<u>Onformation</u>

M.E.N.D.—Houston

Meets the 3rd Thursday, 7:30 p.m. D. Bradley McWilliams YMCA at Cypress

Creek, Schindledecker Building 19915 SH 249 Houston, TX 77070 Director: Stormy Mitchell stormym@mend.org, (281) 374-8528 Subsequent pregnancy group meets

as needed on the 3rd Thursday at 7:30 p.m., led by Chiara Ott

(chiara@mend.org).

Daddy's group meets quarterly on the 3rd Thursday at 7:30 p.m., led by Randy Dobbins (cortdavis@aol.com)

M.⊑.N.D.—Texarkana

Meets 3rd Thursday 7:00 p.m.
CHRISTUS St. Michael Rehab Hospital
2400 St. Michael Drive
Texarkana, TX 75503
Director: Monica Davis
monica@mend.org, (903) 490-1210

 $M. \sqsubseteq . N. D. - Tulsa$

Meets the 3rd Tuesday at 7:00 p.m. Canyon Crossing 1651 E Old North Rd. Sand Springs, Oklahoma 74063 Director: Lisa Daily lisa@mend.org, (918) 694-4325 (HEAL)

M.F.N.D.—SW Missouri

Meets the 1st Thursday at 7:00 p.m.
Project H.O.P.E.
1419 S. Enterprise
Springfield, Missouri 65804
Director: Heather Fann
heather@mend.org, (417) 818-0489
Food and Fellowship
Meets the 3rd Tuesday 7:00 p.m.
Hebrews Coffee
1604 E Republic Road
Kathleen@mend.org

M = N D—Bryan/College Station

Meets the 2nd Tuesday at 7:30 p.m. Hawthorn Suites 1010 University Drive East College Station, Texas 77840 Director: Jennie Drude jennie@mend.org, (979) 220-7851

M.E.N.D. Chapter Updates

Bryan/College Station

M.E.N.D.—Bryan/College would like to thank Meredith McNeil, Stacy Gray and Debbie Shaw for supporting Bryan/College Station through fundraising. God has truly blessed our chapter this year and given us the opportunity to reach out to more families. We had a great group of families join us on October 20 for our 2nd Annual Balloon Release. We are also looking forward to our Christmas Ceremony on December 7, at 7 p.m. For more information, please email me at jennie@mend.org.

Jennie Drude

Tulsa

M.E.N.D.—Tulsa had our 3rd Annual Balloon Release to commemorate our babies in heaven. We also shared pictures and memorabilia of our babies. It was a meaningful and special time. We are excited about our 2nd Annual Christmas Candlelight Ceremony that will be held at 7 p.m. on Friday, December 13, 2013, at Liberty Church. For further information, please contact Lisa Daily at lisa@mend.org or (918) 694-4325 (HEAL).

Lisa Daily

NW Washington

M.E.N.D.—NW Washington is excited to be opening a second location at Gig Harbor and will have our first meeting on November 26 at 6:30 p.m. at St. Anthony Hospital in the Greenpoint Dining Room. We welcome Joanna Bennett to our team. She has years of experience as a doula, and most recently as a grief doula. She brings invaluable knowledge to our team.

We had a very successful garage sale fundraiser in September and want to thank all those who donated items to sell.

We are busy planning our 3rd Annual Christmas Candlelight Ceremony, which will be on December 14.

Stacy McGhee

Amarillo

M.E.N.D.—Amarillo would like to thank everyone who showed support for BUNCO for BABIES! We appreciate the donations, attendance and prayers! We are gearing up for our next fundraiser: Wrapping for M.E.N.D. It will be Saturday, December 14th. If you have questions, please email or call us a (806) 570-4344 or becky@mend.org

Becky Anderson

Texarkana

M.E.N.D.-Texarkana is looking forward to the 7th Annual Christmas Candlelight Ceremony at Beech Street First Baptist Church, Texarkana, Arkansas, on December 14 at 7 p.m. For more information contact Monica Davis at (903) 490-1210 or register for the event at www.mend.org.

Monica Davis

Wichita Falls

M.E.N.D.—Wichita Falls has been busy this fall. Our trunk show fundraiser was a huge success, and we are so thankful to all of those who supported us. Our group continues to welcome new families every month. Our hearts go out to the grieving families we continue to meet.

Sarah Fukasawa

Hot Springs

M.E.N.D.—Hot Springs is busy planning the final arrangements for our Christmas Candlelight Memorial Service. It will take place on December 14, at 7 p.m. at Center Fork Baptist Church in Hot Springs. A dessert fellowship will follow the ceremony. For more information, call Amy Humphries at (501) 276-5034.

Amy Humphries

I.⊑. N. D. Page 17

SW Missouri

M.E.N.D.—Southwest Missouri continues to be busy providing care for those well into their grief journeys, as well as to healthcare providers working with moms and dads minutes into their walk. Our hospital outreach continues to grow, and we are very grateful the Lord has opened those doors. Our chapter paused for Pregnancy and Infant Loss Awareness month in October with more than 75 attending our 3rd Annual Breakfast and Balloon Release. We released 125 balloons from 19 families for 28 babies in heaven. Thank you to Second Baptist Church for hosting our event this year! We are also anticipating our 4th Annual Christmas Candlelight Ceremony at Second Baptist Church on Monday, December 9, at 7 p.m. Registration is available at www.mend.org. Thanks to my chapter leadership, Heather, Ruth, Kathleen, Kathryn, and Jennifer, for their tireless efforts on these events and throughout the year.

Heather Fann

Houston

M.E.N.D.—Houston is excited about the upcoming Christmas Candlelight Ceremony on Saturday, December 7, 2013. The ceremony will be held at Spring Baptist Church at 7 p.m. Information and reservations will be up soon on www.mend.org. To receive an invitation or to ask questions, please contact Stormy at stormym@mend.org. Please join us for this intimate evening of remembering the lives of our babies and focusing our hearts on Jesus for this Christmas season.

Stormy Mitchell

M.E.N.D. Christmas Candlelight Ceremonies Please contact your chapter for more details on the events. Houston **Dallas** Bryan/ SW Hot Washington Tulsa College Missouri Springs Station 12/1/13 12/7/13 12/4/13 12/11/13 12/14/13 12/14/13 12/14/13

M. = .N.D.—Amarillo

Meets the 2nd Tuesday at 7:00 p.m. First United Bank of the Colonies/ Lonestar Room One First United Bank Parkway 45th and Soncy Amarillo, Texas Director: Becky Anderson becky@mend.org, (806) 570-4344

M.F.N.D.—NW Washington

Meets the 2nd Monday at 6:30 p.m.
Harrison Medical Center/Iris Room
1800 Myhre Rd.
Silverdale, Washington
Gig Harbor Meeting
Meets the 4th Tuesday at 6:30 p.m.
St. Anthony Hospital/Greenpoint Dining Room
11567 Canterwood Blvd NW,
Gig Harbor, Washington
Director: Stacy McGhee
stacym@mend.org, (360) 662-6161

MEND—Hot Springs, Arkansas

Meets the 2nd Tuesday at 7:00 p.m.
National Park Medical Center/Maurice Room
1910 Malvern Avenue
Hot Springs, AR
Director: Amy Humphries
amy@mend.org, (501) 620-9930

M.F.N.D.—Wichita Falls, Texas

Meets the 2nd Thursday at 7:30 p.m. Christ Home Place Ministries 1420 Twin Oaks Street Wichita Falls, TX Director: Sarah Fukasawa sarahf@mend.org, (940) 642-3284

M.E.N.D. Support Group Meetings in the Dallas Metroplex

Join us for a time of sharing experiences.

M.E.N.D. main chapter meetings are held the 2nd Thursday of

every month from 7:30 - 9:00 p.m.

Daddies group

meets the 2nd Thursday of
March, June, Sept. and Dec.,
from 7:30 - 9:00 p.m.

A time for dads to meet together and
discuss topics relevant to them as fathers. Our moms and dads meet together
for introductions before dividing into two
groups for discussion.

Subsequent pregnancy group

meets the 4th Tuesday from 7:30 - 9:00 p.m. Led by Liz Walker: liz@mend.org For families who are considering becoming pregnant or are currently pregnant after a loss.

Food and Fellowship

are held the 4th Thursday of every month at 8:00 p.m. at the Corner Bakery in Southlake Town Center A time to relax and meet with other M.E.N.D. parents in a social setting. Contact Brittney Fish: brittney@mend.org

Infertility group

meets the 3rd Monday at 7:30 p.m. Contact Cheryl Davis for meeting location and information at Cheryl@mend.org For families experiencing infertility after a loss.

Parenting After Loss Playgroup

Meets monthly at various locations in the Dallas / Fort Worth metroplex.

Contact Magen Kaye: Magen@mend.org
or call (214) 435-3870

Mommies AND daddies are both welcome at all M. □. N. D. meetings.

<u>Unless otherwise noted, all support</u>
group meetings are held at:

Wells Fargo Bank 800 W. Airport Freeway Irving, TX 75062

(Located in the Crystals Pizza parking lot, between MacArthur and O'Connor) Meetings will be in the bank board room, located on the first floor.

For more information, call (972) 506-9000.



Subsequent Births

Brian and Sara Jensen, of Silverdale, Washington, joyfully announce the arrival of

Eli Bryce,
born September 4,
measuring 7 lb., 13 oz.,
and 20.5 inches long.
The Jensens lovingly remember
Jace McKay,
January 7-March 9, 2012,
pulmonary hypertension

Jessica Davenport,

of Jacksonville, Texas, along with big brother Payton, joyfully announces the arrival of Avery Grace, born July 25, measuring 5 lb., 2.6 oz., and 18 1/2 inches long.

Avery's family lovingly remembers Jacob Austin, stillborn February 10,2012 PPROM

Brandi and Changa Cannon,

of Tulsa, Oklahoma, along with big brother Roman, joyfully announce the arrival of Ian Joseph, born September 17, measuring 6 lb., 15 oz., and 20 inches long.

The Cannons lovingly remember Samara Nicole, born at rest April 18, 2012, cord accident

Joshua and Jaclyn Petersen,

of Port Orchard, Washington, along with big sister Annabelle, joyfully announce the arrival of Andrew Jacque, born September 4, measuring 6 lb., 6 oz., and 20 inches long.

The Petersens lovingly remember Jonas Russell stillborn December 4, 2008, placental abruption



Sean and Sarah Jordan,

of Lima, Ohio,
along with siblings Stephen, Ethan,
Marshall, Clay, Gavin, Gage,
Parker and Season,
joyfully announce the arrival of
Joshua Paul,
born December 13, 2012,
measuring 8 lbs., 5 oz.,
and 21 inches long.
The Jordans lovingly remember Marissa
Joy,
November 26, 2003
thanatophoric dysplasia,
and Baby Jordan,
miscarried October 8, 1999

Scott and Lorraine Epperson,

of Tulare, California,
along with big brother Benjamin,
joyfully announce the arrival of
Micah David,
born August 22,
measuring 8 lb., 15oz.,
and 20.75 inches long.
The Eppersons lovingly remember
Samuel,
miscarried October 10, 2003,
and Timothy,
miscarried September 12, 2012

Alegría Vacaciones

Las vacaciones han sido siempre muy importante en mi familia. Los seis de nosotros, los "chicos" son ahora adultos de mediana edad, con hijos mayores de nuestra propia y dos de mis hermanas ya son abuelas. Mis padres crearon las tradiciones navideñas con nosotros, que la mayoría de nosotros ha implementado dentro de nuestras propias familias.

El día antes de acción de Gracias fue y sigue siendo un día de alivio para mí. Me encanta el aroma picante de Turquía & condimentos de aderezo, la calidez de la cocina creada por los hornos calientes y estufas y el amor de mi familia están todos juntos.

Navidad, para mí, es el epítome de la alegría. Cierto es que me encuentro bastante hincapié en diciembre debido a todo el ajetreo que trae el mes, pero sin embargo es un momento de gran felicidad. Me gusta reflexionar sobre mis recuerdos de infancia maravillosa de madrugada de la Nochebuena y la Navidad. Una vez más, muchas de las tradiciones he guardado dentro de mi propia familia, tales como la foto antes de que nuestro hijo llegue a ver y abrir sus regalos. Y nunca abrimos regalos hasta después de comer rollos de canela calientes y beber café y chocolate con leche en la mañana de Navidad.

Byron y yo felizmente comenzó estas prácticas cuando tuvimos nuestro primer hijo. La mañana de su cuarta Navidad, que fue justo después de su tercer cumpleaños, emocionado pensé que esto iba a ser la última Navidad se sentaba solo en las escaleras con su foto antes de ver lo que trajo Santa. Sólo había encontrado que estábamos esperando a nuestro segundo hijo, así que me imaginé lo que la escena parecería un año más tarde con un hermanito o hermanita sentado con él. Pero nada de eso iba a ser, porque nuestro dulce pequeño Jonathan era mortinatos 6 meses más tarde debido a un accidente de cordón.

Cuando las vacaciones rodaron alrededor de varios meses después de la muerte de Jonathan, no podía imaginar tener una Navidad feliz otra vez. Decidí acción de Gracias y Navidad se arruinaron para siempre. Ellos nunca sería la misma. Sin embargo, tiempo permitió a sanar y las vacaciones fueron una vez más alegres y nuevas tradiciones fueron creadas para incluir la memoria de nuestro Jonathan. El tiempo nos colocaron en nuestro nuevo normal de las tradiciones navideñas y volvieron a ser verdaderamente feliz, hemos sufrido otra pérdida de un bebé pequeño apenas unos días antes de Navidad. Otra vez, me preguntaba si las vacaciones nunca podrían ser la misma. Ahora tengo dos hijos que nunca estaría aquí con nosotros, la realidad de que nuestro hijo vivo sería

sólo una niña y siempre que su Navidad foto sola, y un aniversario de una pérdida - todos al mismo tiempo tratando de mantener las vacaciones animar así como tratar de concentrarse en el verdadero significado de la Navidad.

El verdadero significado de la Navidad-que fue la clave. ¿Es Navidad todo sobre decoración de nuestras casas, apertura de regalos y tomar fotos en la escalera? No. Ciertamente, nosotros como sociedad hemos hecho un tiempo loco, ocupado, pero no debería ser. Tan dificil como es para no quedar atrapado en lo han convertido en las fiestas, he encontrado durante mis años de sufrimiento, frescos que si en lugar de afilado en celebrar el regalo de mi señor y Salvador, Jesús, me llené de alegría inmensa, y las fiestas se convirtió una vez más en un momento muy feliz para mí. Sí, siempre reconoceremos la ausencia de dos de nuestros hijos durante esta época del año y estoy seguro de que siempre tendré algunos momentos privados de tristeza, pero con alegría puedo decirte que una vez más, hay felicidad durante las vacaciones y amo a acción de Gracias y Navidad. Si aún no estás allí, un año usted será capaz de decir lo mismo otra vez. Aguanta y se aferran a la promesa del Salmo 30: "...weeping puede soportar durante una noche, pero alegría llegará en la mañana."

♥ Rebekah Mitchell, Presidente y Fundadora Mamá de Jonathan Daniel y Mitchell bebé Mitchell

"Heart of the Leader" continued from page 2

own. His lungs had not developed due to the small rib cage, and once he was delivered, they told me he would die from lack of oxygen and he would essentially suffocate to death. This was probably one of the most difficult days of my life up to that point. Logan was born just as they said. He was a dwarf, with lungs too small to inflate properly. It was devastating. My husband David saw Logan's precious eyes opening, looking up at him as if to say, "Daddy, please help me...I am hurting..." To this day, my husband cannot talk about that moment without tears coming to his eyes. He said, "Daddies are supposed to be able to fix things, but I couldn't fix this."

David and I held Logan for about 10-15 minutes before inviting the rest of our family and friends into our room to meet our precious boy before he would be gone forever. He died about an hour later.

An amazing picture was taken about the time Logan died. Many people look at this picture, and even professional photographers cannot say for sure what happened in the picture. But one sweet, older gentleman told me, "Brittney, I think what's happening in this picture is exactly what you think is happening." He went on to explain. "It looks as if

the heavens opened for that split second to show Logan exactly where he needed to go." None of us saw the amazing moment of light, but the camera did. If anyone can give me a scientific explanation of it, I don't want to hear it. My explanation is that God knew how angry and unsure I was later to become, and He let the photo happen so I would know for sure HE had Logan in His arms and would keep him for me until we could be together again. The Good News is, because of Jesus and His sacrifice and my trust in Him, I absolutely WILL see Logan again one day. "In His great mercy, He has given us new birth into a living hope...Kept in Heaven for you." 1 Peter 1:3-4



Back in 1999, when I first heard of Allyson's story, I had no idea what was to come or what the Lord had planned for my life, but I am forever grateful for Allyson's willingness to put aside her own heartache and reach out to me and my family when we were in such desperate need of mercy. Because she was there for me, she showed me, in the most profound and heartfelt way, the meaning of 2 Corinthians 1:4 "...that we can comfort those in any trouble with the comfort we ourselves have received from God..." (Our M.E.N.D. mission statement). She demonstrated to me the significance of that verse, and she showed me how I, too, could pass that comfort on to others.

I have now been involved with MEND for over 11 years, serving in multiple ways. I have been on the advisory board and then the board of directors since 2005. I've served on committees for the Walk to Remember and Christmas Ceremonies, and I also lead Food and Fellowship in the DFW Chapter. Being involved in this kind of support group was not in my plan for my life, and I'll never understand this side of heaven the "whys" of what happened, but being with this group of families has been a blessing I never could have dreamt for my life. I'm forever grateful for the ministry God set upon Rebekah's heart: MEND.

♥ Brittney Fish,

Mommy to Logan

M.E.N.D.—Board of Directors



Matt Paasch and son, Malachai, sending messages to Paasch babies in heaven

Thank you to our SW MO Balloon Release Sponsors Heather Bass, Kathryn Gold, Jennifer Harrison, Beverly Jones, Kathleen Moore, Ray Neely, Michelle Cramer & On Angels Wings Photography, Cunningham/Farrar Adult Bible Fellowship and Second Baptist Church



Isaac Moore writing to sister, Lily

M.E.N.D. Mommies Enduring Neonatal Death

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"... that we can comfort those in any trouble with the comfort we ourselves have received from God" (2 Corinthians 1:4)

M.E.N.D. Fundraisers

As a non-profit organization, M.E.N.D is funded solely by private donations and fundraisers. Any assistance you can give us by participating in any or all of these fundraisers is greatly appreciated.

- Kroger grocery stores donate a percentage of all purchases of those shoppers in Texas and Louisiana who have their Kroger Plus Card linked to M.E.N.D. To link your card, go to www.krogercommunityrewards.com and set up an account if you do not already have one. Once you receive the email after setting up your account, click on "My Account," then go to "Edit Kroger Community Rewards" and input your Kroger Plus card number. You'll see a screen with your information in boxes, at the bottom right, there is a box that says Community Rewards. Click that, then enter the M.E.N.D. number, which is 80513. Once that's entered, you'll confirm that M.E.N.D. is your charity of choice. This link will be good until the 2013-2014 program expires. You must link your card each year to M.E.N.D.
- Tom Thumb also has a program in Texas that can benefit M.E.N.D. If you have a Tom Thumb Reward Card, please contact Rebekah (rebekah@mend.org) to obtain the Customer Letter. You must only present this letter one time to link your card to M.E.N.D. Reward cards can also be used at Randalls and Simon David stores.
- Glenn Martin is looking for M.E.N.D. families willing to grant space for small gumball machines in order to raise funds for M.E.N.D. If you have a retail business or connections to a high traffic location in the Grapevine, Southlake, or metroplex area, Glenn will place, stock, and service the equipment and give M.E.N.D. 35 percent of the proceeds. Glenn can be contacted at (817) 874-5366 or glmartin@attg.net.
- M.E.N.D. can now earn funds through **i.think inc.**, an online marketing research firm. You can help by signing up as a survey panel member and designating us as the recipient of your fee. Just go to the Web site at http://www.ithink.inc.com and choose "Sign up to become an i.think inc. panel member." Fill out the sign-up survey. Under the "Funds for Charity" section, select M.E.N.D. from the list of names.
- **IBM** employees may now make charitable donations to M.E.N.D. through automatic payroll deductions. Choose Charity Code 0M562 from the *IBM Employee/Retiree Approved Charity List*.
- GoodSearch.com is a search engine that donates half its revenue, about a penny per search, to the charities its users designate. Powered by Yahoo!, it is used like any other search engine. To earn money for M.E.N.D. using Goodsearch.com, go to www.goodsearch.com and designate M.E.N.D. as your charity of choice.
- **Ebay** has a charitable giving program that can benefit M.E.N.D. If you sell items on Ebay and would like to designate a percentage of your revenue to M.E.N.D., visit www.missionfish.org to find out how.
- Igive.com will donate a penny a search and a portion of each purchase made through their website to M.E.N.D. Sign up today! M.E.N.D.'s cause number is 52025.

